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Excerpts from *Within Your Reach*

## Foreword

Absolutely inspiring, meaningful and significant to our daily lives, especially in today's times of chaos, war, trials and tribulations. These spiritual, yet challenging, passages written by Monifa Robinson are indeed uplifting and motivational. Her practical and candid scriptures are an inspiration to all of us as we move through our personal journeys in life. The simplistic message in each entry will awaken your inner soul and spirit.

As one intrinsically aware of the hardships and struggles that confront us in life, I have found the passages contained within this book to be soothing and insightful. I have found strength, solace and direction from these scriptures. Monifa gently, but realistically, captures the essence of faith, hope and direction as we let go... and let God...assist us in each of our exertions.

These passages are so timely today, as we seek the strength and courage to move forward, to commit to life, and to restore our faith in ourselves and in mankind. Thank you, Monifa, for your revelations.

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Honesty | Page 13

**This journey is about Honesty...which is where true healing begins.**

*Honesty*

*Definition: The ability to search for and act upon truth despite the consequences.*

**S**o, I say I want to heal my emotional wounds. I say I am tired of allowing my past experiences to bind me and keep me from reaching my fullest potential. Oh and by the way, did I tell you I am willing to do this at *any* cost?! Well the cost, my dear, is honesty. Seems easy enough, doesn't it. Bosh! Think again. If I remember nothing else, I must remember just one thing: *Honesty hurts before it heals*. In order to be honest with myself, I must unravel some deep dark secrets. I must stare my inconsistencies and vulnerabilities in the face. I must admit to myself that I am flawed; perhaps more flawed than I am willing or even able to deal with at this time. This is the first step I must take if I am to make a conscientious decision to travel the road that leads to healing. This one terrifying, antagonizing, and painful step is worth the freedom and peace it brings. Once I become honest with me, I automatically place myself in a position of power. Positive energy now has the ability to move through me. Positive people and positive things have no other option but to surround me. And then my friend, guess what, the healing has begun. There is no other way to travel along this road and be successful unless I take with me with truth and honesty.

***...whatsoever things are true,...and honest,...think on these things.  
Philippians 4:8***



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Protection | Page 96

**Whatever your desire- Whatever your dream-It's all within your reach**

*T*he key word in this phrase is “all”. Not some; not most; not a significant amount; not a portion; but, “ALL”. I once heard a minister say, God doesn't give you a vision without making provision. This statement is extremely powerful and true. I should never think my dreams are too far fetched. I should never let the flame die. I should do everything in my power to keep the fire burning. This means I must work diligently until my time comes. If I can conceive the idea, I must believe I am capable of carrying this idea full term. During this incubation period, I must not get weary. I must not give up. I must do all the necessary things to see my dreams come to pass. When I do my part, God will make good on His promise and do the rest.

*...the desire of the righteous shall be granted.  
Proverbs 10:24*